

Job Title**Behavioral Health Specialist, College of Medicine****Job Description:**

The Behavioral Health Specialist has the responsibility of providing behavioral health services in a one-on-one setting with CHSU students. This specialist provides encouragement and support to help with the overall wellness of CHSU medical students. Key components of the position include assessing students' needs, identifying and addressing student challenges, providing individual counseling, assisting students with the development of goals and action plan, and providing community resources and referrals as necessary.

Reports to:**Assistant Dean for Student Affairs and Enrollment****Classification:****Full-Time, FLSA Exempt****Essential Duties:**

- Provide assessment and intervention of psychosocial/behavioral health issues for CHSU students. Guide students in the development of skills and strategies to cope with personal challenges.
- Design mental health prevention and intervention programs.
- Provide crisis intervention during normal operating hours. Act as an advocate to coordinate services or resolve emergency problems in crisis situations.
- Build rapport and inspire confidence to attract students who may be in need of counseling services.
- Consult with faculty and staff regarding students' mental health as needed.
- Work collaboratively with CHSU Administration, Faculty, and Educational Skills Specialists to enhance student success.
- Set personal and learning goals based on individual students' emotional, cognitive, and social strengths.
- Provide crisis intervention during student mental health emergencies.
- Appropriately refer students to community resources and services as needed.
- Actively participate in professional development and research to effectively provide evidence-based strategies on mental and behavioral health issues.
- Implement counseling and educational methods and strategies (i.e. breathing techniques, journaling, fatigue mitigation, etc.)
- Participate as an active member in various CHSU committees as assigned.
- Perform other duties as assigned or directed to meet the goals and objectives of the organization.
- Maintain accurate and confidential student records in counseling services.

**Qualifications/
Education:****Education**

- Master's degree in Mental Health Counseling, Marriage and Family Therapy, Clinical Psychology, Licensed Clinical Social Worker, or related field. Candidates with a degree in Clinical/ Counseling Psychology must come from an APA accredited program
- Minimum 3-5 years of experience in providing counseling to individuals.
- Current State of California License
- Preferred experience working in a medical culture and academic setting

Key Competencies

- Comprehensive understanding of behavioral health and related issues.
- Excellent written and verbal communication skills.
- Excellent interpersonal skills and ability to work in a team environment.
- Must be self-motivated, self-disciplined, and able to function at an optimal level, while producing results and working independently.
- Must be detail-oriented, very organized, and have excellent follow-through.
- Flexibility in occasionally working extended hours, evenings, and/or weekends.
- Ability to serve the University and its students in a professional, caring, and effective manner.
- Ability to manage time well and work under stressful conditions with an even temperament.

Compensation:

CHSU offers competitive wage based on experience plus benefits and is an EEO Employer.

To learn more about our team, click here:

<https://chsu.edu/directory/#university>

<https://chsu.edu/directory/#pharmacy>

<https://chsu.edu/directory/#COM>

Application Instructions

Interested candidates are to electronically submit a letter of interest, a detailed resume and the names, titles, addresses, and telephone numbers of at least (3) professional references who may be contacted. Please send a completed package electronically to careers@chsu.edu and type **JOB TITLE** in the subject field of the email.