# Free HEALTH FAIR at CHSU

Saturday, Oct. 1, 2016 9:00 am - 1:00 pm at California Health **Sciences University** 

**REGISTRATION BEGINS AT 8:30 A.M.** 

## You and your family can receive free health care services, health screenings and education.



#### Hosted by:



Thank you to our sponsors for helping to make Fresno / Clovis healthier communities!



Bulldog Linens and Catering, Nisei Farmers' League, Wawona Frozen Foods

# **No-Cost Flu Shots**

For the first 300 qualified individuals 9 years or older.



## **Health Screenings and Services**

- Asthma Screening
- Vision Screening
- Heart Failure Screening
- Blood Pressure Screening
- Fall Risks Assessment
- Diabetes Screening



- "Brown Bag" Medication Review bring all of your prescribed and over the counter medications from home to review.
- Expired/Unused Rx Disposal bring your unused and expired medications for safe disposal.
- Blood Glucose Monitor bring your monitor for evaluation.

## **Health Education and Demonstrations**

- Heart Health Education
- Nutrition Information
- Trauma & Injury Prevention

### **Kidzone Activities**

Bouncehouses & Slides

and Food Distribution

**Healthy Fruits, Vegetables** 

- Diabetes Management
- CPR and First Aid Demos

- AED Orientation Stroke Prevention
  - Fire Safety and Burn Prevention

Tobacco Education

Activities

• Games

Visit the Booths for **Free Giveaways & Prizes!** 

Snacks