



# Balance Screening For Older Adults



Are you over 55? Are you afraid of falling? Is your balance a constant concern?

Well, fear not! The Senior Awareness & Fall Education (SAFE) program is here to help. SAFE will be holding a **free** screening to assess your strength, balance, and risk of falling.

**When:** Tuesday, October 2, 2018, or  
Tuesday, October 30, 2018

**Time:** By appointment only

Appointment times run from 8:00 a.m. to 2:30 p.m.

**Where:** California Health Sciences University  
45 N. Clovis Ave., Clovis, CA 93711

Please call the Fresno State Physical Therapy Department at  
**(559) 278-2625** to schedule an appointment.

A signed doctor's release is required to participate in the screening.  
These can be faxed to Fresno State Physical Therapy Department (559) 278-3635, or  
brought with you the day of the screening.

